

Volume 1, Issue 6 February/March 2021

Good Day, Sisters

I am sorry for being late but Wow! I am learning more and more about <u>Who</u> is in control. It isn't me. I am learning more about growth and listening!

This past year has been a very different year! I remember that it was the middle of March when The American Passion Play was shut down by the city – we were locked out by a note on the door. The code was changed so we could not get in at all! That is how the whole year has been. Changes and adjustments but there has been growth! At times I don't see the growth or understand it – but it is there. The growth is because of the roots. I am growing in All areas of my life it seems. It is great to have a good root system to strengthen me and move me forward.

As Sisters in Alpha Delta Kappa I hope you also have felt the growth. Our roots are deep and we are growing because of it. Thanks go out to all for ALL the adjustments, changes, concern, and willingness to adapt.

### **Daisy Dates**

March 1 – Application Deadline for Future Educators Scholarships

March 15 - Chapter Altruistic Reports to Geri O'Neill (helping Dorothy/Elaine)

March 15 - Chapter Bylaws or Policies & Procedures to State Bylaws: Betsy Murphy

March 20 – Northern District Meeting @12:30 and State Board @ 9:30 (Installation of State Officers at District Meeting by Roberta Casabon) Reports to Becky Ayers by March 12th

April 1 – Kappan submission deadline for June publication

April 15 – State Altruistic Report to Regional Altruistic Chair deadline

**April 17 – Central District Meeting** 

May 1 – Southern District Meeting by Zoom

June - Voting on World Understanding Project online

June 20 – Longest Day

Stems of Growth – New Members- Alpha Nu has initiated 4 New Members! Amy Crony, Mary Ann Fritz, Jenny Mulvihill, and Cathie Wright

Roots of Growth – Omega (Please send to Pam Kovach) Barb McAlister and Camille Goode (Beta Zeta), Lorry Schnack and Jeannette Holeschek (Alpha Nu), Beverly Morris (Alpha)

Petals of Growth – Anniversaries/ Retirements/Awards-Sapphire Sister Sandy Curran (Alpha Nu)

Growing more Petals - Fraternity Education and Altruism - Highlights and Pictures coming

Leadership videos on International website – could be used during Chapter Meeting for Fraternity Ed.

Ideas for Virtual Ways and Means and Program Ideas—Compiled by IMC last Fall-Ask me I will send copy for you

Alpha Mu has an activity about Strong Women in Illinois

### MEMBERSHIP CORNER MEMBERSHIP STARTS WITH ME "Qualifications for Membership" A prospective member maybe considered for membership with one of these qualifications: · Graduated from an accredited college or university with a degree in the specialized field · Met requirements for certification in a specialized field of education or specialty SPECIALIZED FIELD OF EDUCATION MAY INCLUDE: Guidance Counselor Instructional Technology Teacher Physical Therapist Media Specialist /Librarian /Occupational Therapist Vocational/ Occupational Teacher School Psychologist Career Technical Education Teacher School Social Worker · Audiologist Speech and Hearing Practitioner/ Educator Orientation and Mobility Specialist School Nurse (Registered Nurse) Community College/ College/ University Faculty

Cindy White, IVP SCR sent this to us all: 'Teachers who inspire realize there will always be rocks ahead of us. They will be stumbling blocks or stepping stones. It all depends on how we use them.' The author is unknown.

**DUES RESTRUCTURING FOR NEW MEMBERS - INITIATED** 

JAN.1 - MAY 31 -- \$40

June 1 - Dec. 31--\$20

REINSTATEMENT FEE OF \$25. REMAINS THE SAME AND DUES ARE PROPATED AS ABOVE

I posted on FB in the middle of March that I was making masks if there were those that needed them. I would not charge for the masks as it was my project for ADK.

I immediately was contacted by a former student who is a nursing home administrator that they were desperately in need...

A day later I received a message from my son that the local medical clinic was dangerously short of PPE and the staff was having to wear their disposable masks more than one day...could I make them some washable ones...

I went through several different patterns until I found one with multiple sizes that did not gap and fit the face snuggly. My biggest problem at that point was air leakage fogging up my glasses...I tried garbage bag twist ties, bread loaf twist ties, and even unbent paperclips with little success until my daughter in law said what about pipe cleaners?

Bingo...so I added a small pocket of double fold bias tape to the pattern in which to insert a thrice folded pipe cleaner so it could be removed before washing...and bingo, no more fog. Trying to make mask wearing more "fun" for my grandchildren I started using novelty fabrics and those for specific holidays. The suitcase for of Christmas fabric has somewhat diminished and I was glad to use it for a worthy cause.

On New Year's Day, I sewed the last masks I have made...Valentine Day and Mardi gras ones. Those put me over the 500 mask total and I went to sleep contented with my projects. Sadly, I woke up with a sharp pain in my right thumb, couldn't bend it without it clicking ... I self-diagnosed myself with Trigger Thumb and sadly retired from making masks until I get my first Covid shot, at least, and then will go to an Orthopaedic Clinic to get it "fixed". I have decided I was being told that I could retire after 10 months/500 masks...or at least take some time off...although I am staring at St Patrick's Day fabric as I type this.

I will include some pictures... Thank you for your interest...Toni Redlingshafer





## **2021 INTERNATIONAL CONVENTION**

July 5-16, 2021



SAVE THE DATE! Mark your calendars for July 5-16, 2021, and plan to attend the 2021 Alpha Delta Kappa Virtual International Convention! Check your eblasts and the A∆K website for up-to-the-minute information.

#### SCHEDULE INFORMATION

- July 5: Regional Membership Seminars (Monday)
- July 6-9: Educational Symposium (Tuesday-Friday)
- July 12: Pre-Convention Meetings (Monday)
- July 13-16: International Convention (Tuesday-Friday)

# DAILY SCHEDULE JULY 13-16

Two 2-hour sessions with a 1-hour break

- First Session 1 p.m.-3 p.m. ET
- BREAK
- Second Session 4 p.m.-6 p.m. ET (Tuesday, Wednesday, Thursday)
- Second Session 3 p.m.-5 p.m. ET (Friday)

#### SPECIAL SESSIONS

- EVENING OF ENTERTAINMENT Thursday, July 15 7 p.m. ET
- MEMORIAL SERVICE Friday, July 16 1 p.m. ET
- INSTALLATION OF OFFICERS Friday, July 16 7 p.m. ET

# STARTING TIMES IN OTHER TIME ZONES

7 a.m. Honolulu (no DST)

10 a.m. Pacific (DST)

11 a.m. Mountain (DST)

12 p.m. Central (DST)

1 p.m. Eastern (DST)

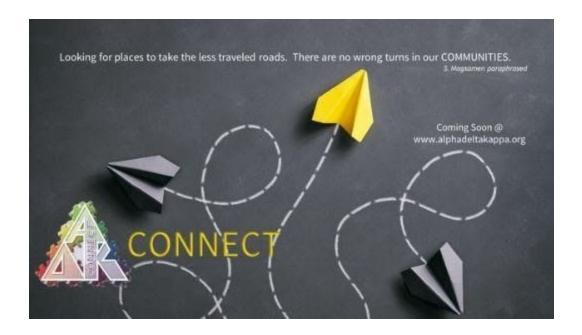
2 p.m. San Juan (DST)

4 a.m. the next day in Brisbane (DST)

5 a.m. the next day in Melbourne (DST)



2021 International Convention Altruistic Project



Regional Mini Scholarship deadline April 15<sup>th</sup>-Each Region \$3000 to distribute to current members: check it out on website or EBlast.

Notes, Bio's, and Pictures – Enjoy!

Hi, it's Terri Berns from Alpha again. I truly hope your new year is better than 2020. It's been a challenge, that's for sure. Below is a publication for your newsletter is you want it. Since ADK supports St. Jude, we were happy to join them in participating in the marathon weekend fundraising. I would have much rather been in Memphis, because it was so cold here. At least it was not snowing. Of course, we thought of all the children we were helping as we walked. I am so glad ADK supports St. Jude and ALZ!

### St. Jude 10K Fundraising Event

ADK Illinois Alpha Chapter sisters, Donna Holinga (Chapter Historian) and Terri Berns (Chapter Co-VP), joined 40,000 other St. Jude supporters during St Jude's Memphis Marathon virtual 10K event. During the week of December 5, 2020 they participated in a 6.2-mile walk along with others from all 50 states and 72 countries. During the week \$14 million was raised to help children needing care at St. Jude. In addition to Donna and Terri, Pippy Rogers (Gulf Region chair), Millie Acosta (International President Elect) and Charlene Lauria (International Exe. Board Member) and Joyce Blackwelder rounded out ADK's team.

I am Kay Volkert. I am a member of Beta Kappa Chapter. I have held several offices in my chapter. I have been Chapter President, Chapter Vice President, Chapter Treasurer and Chapter Secretary. I am currently the Chapter Vice President. This is my third year retired from teaching in West Aurora. I spent the majority teaching 2nd and also taught 1st and 4th during my 34 years. I substituted for a year and a half before the pandemic. I even did a few long term sub jobs and loved it! Since the pandemic I have become an after school tutor with a local program, Community in Schools Aurora. I am working with 3rd graders to enhance what they are learning with their teachers. Teaching through Zoom is guite a learning experience. Early on one of the students said, "You're new to this, aren't you?" I replied, "Well, yes I am." I have also become a mask maker. I volunteer with a group, Sew More Love. I saw an article in the paper about the woman who started it and just had to get involved. We sewed masks for essential workers and other organizations. Then we sewed masks for our local schools. Most recently, we made fleece pillows, scarves and ear warmers for the Child Advocacy Center in Geneva. Sewing has really gotten me through this last year, especially when we were locked down. I enjoy my friendships I have made in my local chapter and I'm especially enjoying getting more involved with the state board.

Beta Kappa Chapter was established in October 1972. Our first president was Donna Williams, LMC teacher at Nicholson Elementary in Aurora, IL. There were 13 charter members. In 2012 we celebrated 40 years with an anniversary tea. Former Beta Kappa members and our state presidents were invited. A former member attended and was reinstated to our chapter. We have done many altruistic projects to benefit our local Aurora area. Some organizations that benefited were Mutual Ground, Marie Wilkinson Food Pantry, and local schools. For several years we have given a \$500 scholarship to a high school senior going into education. We have supported International Alpha Delta Kappa world understanding projects, such as two schools in Vietnam, a bookmobile for the Lakota Sioux in North Dakota, a school in Haiti and others.

Hello to my fellow A∆K Sisters,

I am Kay Volkert, Beta Kappa Chapter and your President of President's Council. I am reaching out to let you know I'm here to support the CP's. When I look at the names, many look to be seasoned sisters. That doesn't mean you might not have questions or concerns. For all CP's I'm here to answer those questions and concerns. If I don't have the answers I will look to other sisters on the State Board to help us out. Please reply to this email so I know I got your email correctly typed into my contacts. Brenda Nance I am emailing you as your CP doesn't have an email. Please let me know when you reply that this is ok, to contact you for your chapter. Thank you.

Thank you to all of you for serving as your chapter's current president. I pray that you are all well and staying safe during these trying times.

Sincerely, Kay Volkert, Beta Kappa President of President's Council

### Valerie Johnson, IL State President-Elect

In 2<sup>nd</sup> grade I remember our teacher attempting to help two classmates correctly pronounce letters during reading class. I felt embarrassed for them.

When I shared with a teacher that I wanted to be a speech therapist, he forcefully told me I didn't have the patience. So, I abandoned the thought until the summer after high school graduation. My best friend's mother, our English teacher was taking "Speech Therapy for the Classroom Teacher" to fulfill continuing education requirements. My friend and I tagged along one day and were invited to observe a speech therapy session. That's when I knew I really DID want to be a Speech Therapist!

After six years in public schools, I moved to Quincy to fill two a part-time positions making home visits with preschoolers through a special Ed coop and working for a community organization providing services for birth to three, school-age children with severe/profound disabilities, and adults with developmental disabilities.

While living in Quincy, my mother invited me to join Alpha Delta Kappa. In 1981, we traveled by bus with many other Illinois A  $\Delta$  K sisters to attend our first International Convention in New Orleans, and attended our first Illinois State Convention in Peoria the following year.

When I moved to Decatur to work at a State Mental Health Hospital Gamma chapter warmly welcomed me as a transfer member. Three years later I had the opportunity to move to Rockford to work with professionals in birth to 3 and early childhood programs across 5 mid-west states and Beta Tau accepted my request to transfer to their chapter. Kay Foss (now an Omega sister) and I quickly became close friends traveling to state board meetings, state and international conventions together. Later Beta Tau merged with Xi chapter.

Through A  $\triangle$  K I have had the opportunity to get to know so many wonderful, dedicated women educators at international and state conventions, regional conferences, district and monthly chapter meetings. I have had the privilege to

serve at the state level in several roles including Northern District VP, Membership chair and now as President-Elect.



Thanks go out to you All for stepping up and Growing with Alpha Delta Kappa!